



TOM HICKS, PRESIDENT
REV. DR. CLAUDIA A. RAMISCH, MINISTER
SEPTEMBER 2015

UNITARIAN UNIVERSALIST CONGREGATION OF OWENSBORO



9TH ANNUAL PEACE VIGIL

Every year on September 11, we gather to make a meditation for peace. This is our 9th year of our observance and it will have some special features.

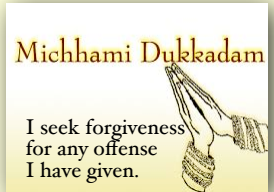
As always, we invite members and friends to bring prayers, teachings, and readings about peace from their practice--either their root tradition or the practice they have now. A sign-up will be posted in the sanctuary for this.

Meditations will be read about every 7 minutes and surrounded by silence. A brief reflection will be offered by the minister at the end of the hour. This year, the last portion of our service will be drumming led by Tracy King.

Violence has been rampant these past few weeks. May our time together weave peace into the fabric of our community and change the tenor of our world.

INTERFAITH MOMENT: PARYUSHAN PARVA

Paryushan Parva is one of the most important Jain festivals. It is celebrated every year mid-August to mid-September, during the auspicious month of 'Bhadrapad' in the Hindu calendar. It is a festival of fasting and forgiveness; a time of reflection and repentance. The collective meaning is to purify soul by staying closer to it, shedding bad karma, and suppressing negative thought, word or deed.



The most important part of Paryushan is the practice of daily meditation and prayer providing an opportunity to look inward and outward, especially to the teachings of the enlightened Jain Tirthankaras for guidance.

Jains often take time off from daily chores and eat a much simpler diet. They add to their normal vegetarian restrictions by avoiding such foods as potatoes, onions, and garlic to avoid eating that which entails killing the entire plant instead of taking just its fruit. Many Jains also fast, some for the entire period and others observe the practice of monkhood for a day or more while fasting. These activities purify one's emotions and thereby consciousness.

Paryushana is the time to fill the qualities lacking in our lives. The process of shedding our karmas really begins by asking for forgiveness with true feelings, and by taking the vow not to repeat mistakes. The quality of forgiveness requires humility (absence of ego) and suppression of anger. One of the great aphorisms to ask for forgiveness is:

I grant forgiveness to all living beings,
 May all living beings grant me forgiveness;
 My friendship is with all living beings,
 My enmity is non-existent.
 Let there be peace, harmony,
 and prosperity for all.

Article excerpted from Heena Modi

The local Jain community will keep this festival 10-17 Sept.

UUCO TO HOST INTERFAITH POTLUCK

The Owensboro Daviess County Ministerial Association is sponsoring a monthly series of potlucks for the interfaith community. The first was held at the Hospital and attended by about 20 people.

We will be hosting the next event on Monday, 28 September @ 6 pm in our sanctuary. We will be providing beverages for the meal and offering a brief introduction to Unitarian Universalism.

Mark your calendar and plan to attend! Bring a dish (with a card detailing all ingredients including seasonings) and help to welcome guests into our faith home.



ANNUAL CANVASS BEGINS: SUNDAY, 6 SEPTEMBER

THANK YOU for all your contributions to the life of our congregation! We are grateful for your regular participation, financial support, many contributed services and goods, energy and commitment. We wouldn't be able to function without your involvement. You have blessed us greatly!

This year's budget is modest with only small increases on basic services. Please note that local disbursement of our *This Little Light Mini-Grant* is based on our certified membership but is **not** part of our budget. It is a goodwill commitment of 5¢ per day or \$18.25 per member per year. Please think about making your contribution to this early—and mark it clearly so it's easy for Elaine to track.

As a congregation we have committed ourselves "to each other as well as the larger community." The continued life of our congregation depends on this annual appeal and your generous involvement in our ministries. You will receive a complete letter and packet with our Approved Budget and Pledge Page with Wish List. Your Board is available for conversation if you have any questions.

Please give this careful attention and return the Pledge Page by 1 October 2015. Our Stewardship Celebration & Blessing Circle will be part of our Sunday Service on 11 October.

Thank you again, Tom Hicks

UNITARIAN UNIVERSALIST CONGREGATION OPERATING BUDGET 2015-16		
	MONTHLY	ANNUAL
MINISTER		
Salary & Housing	1770	21240
Disability/ Life Insurance	38	450
GA/ HUUMA	60	720
Health Insurance	0	0
Retirement <i>To begin 4/1/2016</i>	54	324
Back Pay	0	0
SUBTOTAL	1868/1922	22734
FACILITY		
OMU	200	2400
Atmos	110	1320
AT&T	81	972
Cleaning	133	1590
Insurance	182	2184
Pest Control	31	365
Maintenance	25	300
Mowing	Graciously donated	
SUBTOTAL	762	9131
PROGRAMMING		
Congregational Life	20	240
Worship	10	120
Religious Ed & Library	0	0
Pastoral Care	0	0
Child Care	0	0
SUBTOTAL	30	360
UU MEMBERSHIP		
UUA	9	108
Mid-America District	9	108
SUBTOTAL	18	216
OFFICE		
Copier	6	72
Postage	5	60
Supplies	10	120
SUBTOTAL	21	252
<i>Discrepancies result from rounding to nearest dollar</i>		
	2699/ 2753	32693

FROM THE WISH LIST

- 25 copies: *Lifting Our Voices* (\$375)
- UU brochures for visitor rack
- Lockable AV cart
- Mixer, amplifier & cables
- Speakers & mounts
- Mounted baby changing station
- New door for downstairs exit
- Screens for Chalice Center windows
- Gravel for back lot
- Mulch for gardens & walks
- File cabinet
- Cabinets for Chalice Center 2x (24") unfinished w/4' countertop
- Furnace filters
- Open wall cabinet for coffee cups
- Copier toner

GENERAL SUPPLY

- Pastel legal paper for bulletins
- Soft drinks for sale
- Bathroom & cleaning supplies
- Kitchen detergents



UU HERO SUNDAYS CONTINUE ONCE A MONTH

We've made mud with the story of Hosea Ballou, reached for the stars with Maria Mitchell, and crafted origami boats with John Murray...

Once a month, we're playing during worship so we might get to know our Unitarian and Universalist heroes in a different way. We use stories from *A Lamp in Every Corner* by Janeen K. Grohsmeyer and courses in the Tapestry of Faith material as the basis for our fun.

Our next hero will be Frances Ellen Watkins Harper--celebrated on her birthday, 27 September. Come join us!

**SEPTEMBER'S
ACTIVITIES**

02 Wed

- Home Office, 1-5 pm
- Board Meeting, 6 pm

03 Thu

- Tai Chi/ Qi Gong, 6 pm
- Meditation, 6:30 pm

05 Sat

- Reiki by Appointment, 8:30 am-?

08 Tue

- Home Office, 1-5 pm
- Interfaith Book Study, 6 pm

10 Thu

- Tai Chi/ Qi Gong, 6 pm
- Meditation, 6:30 pm

11 Fri

- Peace Vigil /Drum Circle, 6:30 pm

14 Mon

- CAR @ CPC Ecumenical & Interreligious Office

15 Tue

- Women Clergy, 11:30-1:30 pm
- Home Office, 1:30 pm

17 Thu

- Tai Chi/ Qi Gong, 6 pm
- Meditation, 6:30 pm

19 Sat

- Life Is Sacramental: Elements & Earth, 9-12:30 pm

24 Thu

- ODCMA @ OHRH, 5 pm
- Tai Chi/ Qi Gong, 6 pm
- Meditation, 6:30 pm

28 Mon

- Hosting: Interfaith Potluck, 5:30 pm