#### **PROGRAM ELEMENTS**

# Theological Reflection

A method for exploring day-to-day events to identify larger patterns and meaningful themes knowing that Ultimate Reality has many names and images...

Your task is to learn to help a speaker sort through a dilemma in her/his theological system rather than ask her/him to adjust to your system.

### Spiritual Listening

Non-judgmental, non-directive, active and reflective listening...

Shaped by two principles:

- To adjust interpersonal listening to the speaker, rather than asking the speaker to adjust to the listener.
- 2) To keep before us the awareness that we cannot fully understand another's perspective even if we are somewhat acquainted with the tradition from which that one speaks.

## Interfaith Study & Companioning

- This is not training for a professional relationship, but a commitment to being better neighbors and friends...
- · It introduces you to the basics of other Traditions...
- It engages your spiritual gifts in your tradition in the work of mentoring others with similar roots or interests...
- It allows you to serve your organization as a spiritual mentor at home and an ambassador in the wider religious community...



#### WHY PEER TO PEER?

Working in a Unitarian Universalist congregation that is aware of its interfaith identity and desiring to speak more compassionately with each other, we set out to learn some basics about the religious Traditions among us. A peer-to-peer program developed:

- Reflecting the Unitarian Universalist understanding of the "priesthood of all believers"--that we are all responsible for our own theology and spirituality as well as the common life of the congregation....
- Using a shared ministry model that develops the gifts members bring to our common life...

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Unitarian Universalist Congregation of Owensboro

THEOLOGY
AS A SECOND LANGUAGE:

Spiritual Mentoring Institute

9-14 August 2015



Sponsored by the Unitarian Universalist Congregation Of Owensboro

An Introduction To

Peer To Peer
Theological Reflection,
Spiritual Listening,
And Interfaith Companioning