

Unitarian Universalist Congregation of Owensboro

V-DAY 2016 SPECIAL EVENTS:

To Benefit New Beginnings
Sexual Assault Support Services

11-13 FEBRUARY @ 8 PM

Vagina Monologues
\$10 for Adults

\$5 for Students with ID
In the Sanctuary

25-27 FEBRUARY @ 7 PM

A Memory, A Monologue,
A Rant, & A Prayer

\$10 for Adults
\$5 for Students with ID
In the Sanctuary

COME JOIN US!

In addition to the traditional concept of true commitment that means you are willing to die for what you think is right, make equal space for the womanly concept of commitment that means you are willing to live for what you believe.
June Jordan (1936-2002)
An African-American poet, activist, teacher, and essayist.

ONE BILLION RISING & V-DAY EVENTS RETURN TO UUCO & OWENSBORO

One Billion Rising is the biggest mass action to end violence against women in human history. The campaign, launched on Valentine's Day 2012, began as a call to action based on the staggering statistic that 1 in 3 women on the planet will be beaten or raped during her lifetime. With the world population at 7 billion, this adds up to more than ONE BILLION WOMEN AND GIRLS.

On 14 February 2013, people across the world came together to express their outrage, strike, dance, and RISE in defiance of the injustices women suffer, demanding an end at last to violence against women. We

are continuing to rise to show we are determined to create a new kind of consciousness—one where violence will be resisted until it is unthinkable.

In 2016, the theme of Revolution continues with a call to focus on marginalized women and to bring national and international focus to their issues; to bring in new artistic energy; to amplify Revolution as a call for systemic change to end violence against women and girls; to call on people to rise for others, and not just for ourselves.

Excerpted from: <http://www.onebillionrising.org/about/campaign/one-billion-rising/>

'LIFE IS SACRAMENTAL' WORKSHOP SERIES RESUMES

The beginning of the second half of our workshop series was postponed by weather. Drat the luck!

The majority of interested parties have decided to keep the workshops spaced a month apart. So the new schedule is as follows:

All workshops begin at 9 am and conclude at 12:30 pm. Registration for members and friends is a mere \$5. (The rate for non-members is \$50.)

ORDINARY THINGS, EXTRAORDINARY SPIRIT: 6 FEBRUARY 2016

Sometimes it's synchronicity, sometimes it's a standout that grabs your attention, but the Everyday is often a portal to grace. What quickens your spirit? What might you be overlooking? Where is Spirit breathing in your life?

Register by 02/03/16

CELEBRATING & MOURNING: 5 MARCH 2016

Our emotional highs and lows, successes and failures, gains and losses, births and deaths all have the potential to connect us to the Sacred. Are you finding Holiness in your celebrating or mourning?

Register by 03/02/16

HOLY EATING & DRINKING: APRIL 2

Our varied traditions have different approaches to food, drink, and eating together. What constitutes a hallowed meal? What food and drink do you consider blessed? When does eating together connect you to more?

Register by 03/30/16

Sign up in the sanctuary or let Claudia know by email if you plan to attend: hermitstuff@bellsouth.net



INTERFAITH MOMENT: CHINESE NEW YEAR

Chinese New Year is also called the Spring Festival. Its date is determined by the lunar calendar; this year it's 8 Feb. Most Chinese will have an entire week off from work, but the celebration will last for two weeks. It is believed that a good celebration will lead to a prosperous year.

A big family meal on New Year's Eve is called the "Reunion Dinner." Families gather as many generations as possible around round tables. Eating fish is almost a 'must' at this meal because it is thought to bring good luck and a surplus of money! Other New Year foods include spring rolls, dumplings (in the North), rice cakes (in the South), and sweet rice balls. Ancestors are included

with an offering of food or drink at household shrines.

Red is the color for New Year's--exchanging red envelopes to offer good cheer, wearing red (even underwear), hanging red lanterns in streets and homes, decorating businesses and banks.

Even if they aren't religious practitioners, many people visit temples as part of the festivities. Buddhist, Shinto, and Confucian shrines are all important to the celebration because of their traditional roots. Practices include the serious ritual of burning incense and the playful custom of having your fortune read. Many dances and parades are held on temple grounds--especially those featuring dragons and lions!

IN CASE YOU DIDN'T CATCH IT...

Two women have been nominated for UUA President. (The election is in 2017.) You can read the online UU World article at this link: <http://www.uuworld.org/articles/miller-phillips-nominated> The article also includes links to a description of the nominating process and to websites for both candidates.

The UUA website has a four minute trailer for a Ken Burns film that will be released with a Beacon Press book this fall. The film is entitled, *Two Who Defied the Nazis*. It features Rev. Waitstill and Martha Sharpa, a Unitarian couple engaged in undercover refugee work in Nazi Europe. Check it out: <http://www.uua.org>

SCHEDULE CHANGES TO NOTE:

TAI CHI/QI GONG is cancelled for February. Vivian is studying for a new certification and needs extra time for preparation. Send her in good thoughts!

MEDITATION is scheduled for just the 1st & 3rd Thursdays due to V-Day events on the other two weeks.

NEW MEMBER CLASS will begin on 4 February @ 4 pm. Three sessions are scheduled for February and one will in March. If you are able to help with one of these sessions, please sign up in the sanctuary.

FEBRUARY EVENTS

WED 03	Home Office, 9-12n Board Meeting, 6:30pm
THU 04	New Member Class, 4pm Meditation, 6:30pm
FRI 05	AAUW Book Group w/ Islamic Center @ Zion UCC, 6pm
SAT 06	Life Is Sacramental IV, 9-12:30pm
TUE 09	Home Office, 1-4pm Interfaith Study, 7pm
WED 10	Dress Rehearsal, 7pm
THU 11	New Member Class, 4pm
THU 11	Vagina Monologues, 8pm
FRI 12	Vagina Monologues, 8pm
SAT 13	Vagina Monologues, 8pm
TUE 16	Women Clergy, 11:30am
THU 18	New Member Class, 4pm Meditation, 6:30pm
FRI 19	Drum Circle, 6:30pm
MON 22	Interfaith Potluck @ Woodlawn UMC, 6pm
WED 24	Dress Rehearsal, 7pm
THU 25	ODCMA @ OHRH 5pm
THU 25	A Memory, A Monologue, A Rant & A Prayer, 7pm
FRI 26	A Memory, A Monologue, A Rant & A Prayer, 7pm
SAT 27	A Memory, A Monologue, A Rant & A Prayer, 7pm