

UNITARIAN UNIVERSALIST CONGREGATION OF OWENSBORO

FEBRUARY 2019 NEWSLETTER



V-Day Events

This month we will be hosting the second weekend of Vagina Monologues performances. The Vagina Monologues takes place on Friday, February 15 and on Saturday, February 16, at 8 pm each evening. The first weekend will take place at Unity Church, located on 625 Allen Street.

The Vagina Monologues is presented by V-Day Owensboro and the Foundation for Healing Through

the Arts. Tickets are \$10 at the door or \$5 with a student ID. Proceeds go to New Beginnings Sexual Assault Support Services, the local rape crisis center for women, men, and children. New Beginnings covers the seven county Green River area. For more information on the Foundation for Healing Through the Arts, see their Facebook page. For information on New Beginnings, visit [http://](http://www.nbowensboro.org)

www.nbowensboro.org. If you would like to volunteer to greet people at the door or help with setup, please check the sign-up board.

Fun Club February Event

Historical Lecture and Panel Discussion on Executive Order 9066 @DCPL Feb. 11, 6-8:30pm

Meditation Moment/UUA

“Warmth in Winter”

By Ben Soule

Now has come hard winter,
With whip of wind and slash of snow
and the diamond-bright stars in the black ice of
the heavens.
Just as we resist the season with shovel and
scraper, wool and windbreaker,
we embrace it with sled and snowboard, cocoa
and comforter.
Winter is here: let us find warmth in this time
of being together.

FEBRUARY EVENTS

02 SAT	Work in Children's Room 9am-Noon
03 SUN	Bag lunch Comm. Ministry after lunch NonVlt O'boro movie 2pm
04 MON	NonVlt O'boro 6pm
06 WED	Home Office 2-4pm Board Meeting 5:30pm
07 THU	Yoga & Meditation 6 pm
09 SAT	Reiki 8:30 am Gamer's 6-10pm
10 SUN	Bag lunch NonVlt O'boro movie 2pm
11 MON	Conversations on Race @DCPL 6:30pm
14 THU	VDay Dress Rehearsal 7pm
15 FRI	Vagina Monologues 8pm, \$10 ad.
16 SAT	Vagina Monologues 8pm, \$10 ad.
17 SUN	Lunch Out (Y) NonVlt O'boro movie 2pm
21 THU	NonVlt. O'boro Steering 5 pm Yoga & Meditation 6 pm
23 SAT	NonVlt O'boro participating in Kiwani's Chili Cook-off @Boys/Girls Club 6-8:30 pm
24 SUN	Potluck NonVlt O'boro movie 2pm
26 TUE	Women Clergy 12:30-2pm
28 THU	ODCMA@OHRH 9am Yoga & Meditation 6 pm

Interfaith Moment

Nirvana Day, February 15

Nirvana Day is a Buddhist festival that commemorates the death of the Buddha. Buddhists believe that he attained Enlightenment and so he was released from Samsara, the cycle of death and reincarnation. From *BBC Religions*:

The Buddha's death came when he was eighty years old, and had spent forty years teaching after his Enlightenment. He died in a state of meditation, and attained nirvana, a release from the cycle of death and rebirth...The day is used as an opportunity to reflect on the fact of one's own future death, and on friends or relations who have recently passed away. The idea that all things are transient is central to Buddhist teaching. Loss and impermanence are things to be accepted rather than causes of grief.

The Buddha taught that the cause of suffering was desire, and the way to counter this was to rid yourself of attachment. This is an important lesson, the dangers of attachment, as we move our lives forward with goals.

CONSCIENTIOUS SHOPPER?

Consider the following great gifts:
Fair Trade Coffee, Tea, or Chocolate
Products by UUCO Artists

COMING UP THIS MONTH:

KIWANIS BENEFIT FOR NONVIOLENT OWENSBORO

The Kiwanis Club of Owensboro is hosting a chili cook-off on Saturday, February 23 at the Cliff Hagan Boys and Girls Club from 6-8:30 pm. The proceeds from the \$10 prepaid tickets will be benefitting NonViolent Owensboro.

Kiwanis International is a service-minded organization with local chapters around the world.

They seek to improve the lives of children and families through community improvement projects. As of 1987 they are co-ed, and as of 2008 they are resolved to being inclusive.

If you would like to learn more about the Kiwanis Club of Owensboro or purchase tickets, see their Facebook page

of the same name or call (270) 852-6519. Another option for tickets is to speak with Peggy. To learn more about NonViolent Owensboro, visit <http://www.nonviolentowensboro.org>.

CHURCH PROJECTS THIS MONTH

This February, we will be continuing to work on the children's room. We have a scheduled work day on Saturday, Feb. 2, from 9 am to noon. Keep an eye out for future work days later in the month. Our goal is to have the work on the children's room by the end of the month.

We are also putting together a vegetarian/vegan cookbook to help raise funds. This cookbook will feature seasonal recipes. If you would like to contribute a recipe, please see Rachael Kassinger for further details.

LAST MONTH'S CORNER...



MLK Coffeehouse



Jordan working in the kids' room



Reorganized building