

UNITARIAN UNIVERSALIST CONGREGATION OF OWENSBORO

JULY 2019 NEWSLETTER



CALL FOR HELP

We have received two requests for help in the past week. The International Center for Refugees in Owensboro and the Family Connection for Fulton County Schools are needing donations of supplies. We will be collecting these items at IUU until August 1. The items each organization needs are as follows.

The International Center for Refugees is in need of: tooth brushes and tooth paste; bar soap

and hand soap; deodorant, both men's and women's; shampoo; toilet paper; tissues; diapers, baby powder, and baby wipes; sanitary napkins; and shower curtains with liner and rings.

The Family Connection for Fulton County Schools is a family resource center serving Fulton Independent School District. They are in need of: wide rule loose leaf paper or notebooks; crayons (24 pk); Ticonderoga pencils and eras-

ers; pencil boxes and pouches; vinyl folders; glue sticks; scissors; paper towels, tissues, and bleach wipes; and backpacks.

Meditation Moment/UUA

Now, I Love You. Now, I Witness.

By Theresa I. Soto

I know sometimes you get cranky,
And sometimes your tea gets cold
Before you can drink it. Sometimes
The news is too much. The resistance
Seems too little. That's real. But we are
Here. Imperfect and together and reaching.
You can hold my hand if you want. I washed
It with soap. It's OK. In this kind of time,
Now is better than later. Now, I love you.
Now, I am sorry it hurts. Now, I witness
Your struggle, and mine. Sometimes
One answer is to be a yes in the face of
Every no. I am a yes for you. Now and again
Later, if you need me.

JULY EVENTS

01 MON	NonVlt O'boro 6:30 pm
04 THU	No Yoga
05 FRI	SPARKodc Follow-up 12n @ RVBH
06 SAT	Reiki by Appt 8:30am Gamers 5:30-10:30
07 SUN	Bag Lunch
11 THU	Yoga & Meditation 6 pm
14 SUN	Board Mtg 9 am Bag Lunch
15 MON	Give-A-Kid-A-Hug Service 6 pm Yard games & ice cream 6:30 pm
18 THU	NonVlt O'boro Stg Cmt. 4:30 pm Yoga & Meditation 6 pm
20 SAT	NonVlt O'boro Peace Language Workshop @IUU 1-4 pm
21 SUN	Lunch Out
25 THU	Yoga & Meditation 6 pm
28 SUN	Potluck

Claudia's Vacation:
17-18 July, and July 21-August 2

Interfaith Moment

The Martyrdom of the Bab, July 9

For spreading his message, the Bab was executed in Persia on July 9. This day is celebrated as a holy day by the Baha'i, known as The Martyrdom of the Bab.

Here is what BBC Religions has to say about The Martyrdom of the Bab:

This major holy day is celebrated on the 9th July at noon and commemorates the events surrounding the death of the Báb in 1850.

The Báb (a title meaning 'the Gate') had many followers but his beliefs did not meet with approval from the leaders of the state religion in Persia, and they decided he should be taken from prison and put to death.

One of his young followers begged to be allowed to share his fate, and this wish was granted.

An Armenian firing squad lined up and shot at the Báb and his follower, but when the smoke cleared, the young follower remained there unharmed and the Báb had gone.

The Báb was found back in his cell, and the soldiers were so shaken by the 'miracle' that they refused to try to kill him again so a new regiment had to be called for.

This time, when the squad opened fire the Báb and the follower died, and their bodies were thrown into a moat outside the town.

The Báb's followers rescued the bodies, and years later, the remains were buried on Mount Carmel in Israel, in a shrine that is now a place of pilgrimage for Bahá'ís worldwide.

There are lessons to be learned from the Martyrdom of the Bab, from both the first attempted execution and the final execution. Standing for one's beliefs, even beliefs as seemingly benign as peace and equality, is not a risk-free activity. It is a sad story that is often repeated; those that preach peace and equality are met with violence. Yet, it must be done. Those with voices must speak the truth, and those with the strength to stand must form a wall in front of those who are vulnerable. It may not always end in a miracle. Yet, it must be done. People may be silenced, but ideas are much harder to kill.

To read the above article in full, visit <http://www.bbc.co.uk/religion/religions/bahai/holydays/martyrdombab.shtml>.

COMING UP THIS MONTH:

Events Being Held at IUU This Month

Monday, July 15 we will be holding our 2nd annual Give-A-Kid-Hug Day. There will be a service at 6 pm, followed by ice cream and yard games at 6:30 pm. In light of events in our country, this is our way of observing Global Hug Your Kid Day, by recognizing that all children deserve love and protection.

Saturday, July 20 1UU will be hosting the Peace Language Workshop for NonViolent Owensboro, from 1 to 4 pm. Our language is filled with metaphors and colloquial sayings that we take for granted are based on violent imagery. This workshop teaches how to mindfully transition toward peaceful language.

Summer Day Camps for Kids in Owensboro

If you are looking for fun, educational, and affordable activities for your children this month, the Joe Ford Nature Center is hosting several opportunities. These will be held on July 3, 10, 17, and 24. Activities for 7 to 10 year-olds will be from 9 am to 11:30 am, and those for 11 to 13 year-

olds will be from 1 pm to 3:30 pm. He cost is a \$10 registration fee and a \$5 donation. For more information see https://visitowensboro.com/calendar/action~agenda/page_offset~2/request_format~html/, or www.joefordnaturecenter.com.



**Hon. Charles Boteler, Denounce Torture
Lecture**

LAST MONTH'S CORNER...



**Susan Montalvo-Gesser, Denounce Torture
Service**