

# UNITARIAN UNIVERSALIST CONGREGATION OF OWENSBORO

FEBRUARY 2020 NEWSLETTER



## V-Day Events

This month we will be hosting The Vagina Monologues on Friday, February 21 and on Saturday, February 22, at 8 pm each evening.

The Vagina Monologues is presented by V-Day Owensboro and The Foundation for Healing Through the Arts. Tickets are \$10 at the door or \$5 with a student ID. Proceeds go to New Beginnings Sexual Assault

Support Services, the local rape crisis center for women, men, and children. New Beginnings covers the seven county Green River area.

For more information on The Foundation for Healing Through the Arts, see their Facebook page. For information on New Beginnings, visit <http://www.nbowensboro.org>. If you

would like to volunteer to greet people at the door or help with setup, please check the sign-up board.

### Meditation Moment/UUA

“Warmth in Winter”

By Ben Soule

Now has come hard winter,  
With whip of wind and slash of snow  
and the diamond-bright stars in the black ice of  
the heavens.  
Just as we resist the season with shovel and  
scraper, wool and windbreaker,  
we embrace it with sled and snowboard, cocoa  
and comforter.  
Winter is here: let us find warmth in this time  
of being together.

## FEBRUARY EVENTS

02 SUN	Bag lunch
03 MON	NonViolent Owensboro 6:30 pm
04 TUE	Crochet for a Cause 5-6:30 pm
06 THU	Yoga & Meditation 6 pm
09 SUN	Board Mtg 9 am BAG LUNCH
13 THU	Yoga & Meditation 6 pm
16 SUN	LUNCH OUT
18 TUE	Crochet for a Cause 5-6:30 pm
20 THU	Yoga & Meditation 6 pm
21 FRI	Vagina Monologues 8 pm
22 SAT	Vagina Monologues 8 pm
23 SUN	POTLUCK
27 THU	NonVlt O'boro Strng 4pm Yoga & Meditation 6 pm

### CONSCIENTIOUS SHOPPER?

Consider the following great gifts:  
Fair Trade Coffee, Tea, or Chocolate  
Products by UUCO Artists

## Interfaith Moment

Lent, February 26

(updated and reprinted from Feb 2018 issue)

Lent is a Christian observance that lasts 40 days preceding Easter, Sundays not included in this count. It is a time of reflection that marks the withdrawal of Jesus into the wilderness. The Western Church observes the start of Lent on the 7th Wednesday before Easter, called Ash Wednesday. This year, Lent begins on February 26.

Christianity teaches that Jesus withdrew into the wilderness for forty days to prepare for his ministry. During this time, he fasted and faced temptation from Satan. Not all Christians fast the entire 40 days, but from this the tradition of the giving up of vices during Lent has arisen. In fact the traditions that have arisen from this time of reflection are many and varied, from Mardi Gras and pancake racing, to the more reverent wearing of ashes and palm processions. For more information on Lent and these traditions (including pancake racing), visit [http://www.bbc.co.uk/religion/religions/christianity/holydays/lent\\_1.shtml](http://www.bbc.co.uk/religion/religions/christianity/holydays/lent_1.shtml).

Perhaps the most enduring message of Lent is one of hope and renewal. This can be seen in the connection between Ash Wednesday (Feb. 26) and Palm Sunday (Apr. 05). Ash Wednesday, the first day of Lent, features the marking of an ash cross on the forehead of practitioners. It is where these ashes come from, the previous Palm Sunday, that brings a message of renewal and mirrors the sacrifice and resurrection of Jesus. The following excerpt from The BBC details this:

From Palm Sunday to Ash Wednesday

Palm Sunday celebrates Jesus's triumphant entry into Jerusalem, so when the crosses used in the Palm Sunday service are converted to ashes, the worshippers are reminded that defeat and crucifixion swiftly followed triumph.

But using the ashes to mark the cross on the believer's forehead symbolizes that through Christ's death and resurrection, all Christians can be free from sin.